

## Erasmus+ Funded Training Courses in Cyprus - for teachers, trainers, university staff and adult education professionals:

### Who's eligible?

Teachers, Adult Education Professionals and Higher Education Staff of organizations, schools and institutions that received the Erasmus+ staff training funding for the school years 2014-2015 and 2015-2016. Check with your Erasmus+ Office or the Head Office if funds are available and come for a week of professional training in the sunny island of Cyprus.

*If your institution hasn't been granted the Erasmus+ fund yet, you can submit the application by the 2nd of February 2016.*

### How to obtain the funding?

If your organization doesn't have funds available, it is easy to apply. Before being able to apply for Erasmus+ funding you need to register your organisation as follows:

1. Register your organisation on the [European Commission Authentication Service \(ECAS\)](#), if you are not already registered.
2. Log in to the [Participant Portal](#) with your ECAS account details and register your organisation to obtain your unique 9-digit Participant Identification Code (PIC). Please ensure your organisation does not already have a PIC and read the [Participant Portal User Manual](#) before you register.
3. Download and submit the relevant application form on your [National Agency](#) website.
4. **Remember that the application submission deadline is on the 2nd of February 2016.**

### Course provider?

ILC inspired Learning Centre in collaboration with [Lifelong Learning Association in Cyprus](#).

At [Inspired Learning Centre](#) we believe that learning, whether professional or personal development is concerned, is natural ability of every individual and organization.

Learning should be a creative, exciting, joyful and inspired process which involves unfolding our potential as we step out of the box of current possibilities to the area of new opportunities.

Inspired Learning Centre (ILC) has developed a series of very practical personal development programmes that are delivered in supportive and inspiring atmosphere.

**Courses available - please note that for groups of minimum four participants tailor made training at chosen dates is also an option:**

1. **"Emotionally Wise Educators - Dealing with Stress and Difficult Emotions"**  
10 - 15/04/2016  
Inner state - our thinking and feelings have tremendous impact on ability to learn. The course offers insights to stress and emotions and develops in educators and leaders extraordinary emotional intelligence and ability to create supportive learning and teaching environment in which both learners and teachers thrive. The course is ideal for organisations committed to holistic professional development of their staff.  
See the full training programme and apply [here](#).
2. **"More than Teaching: Coaching Skills for Educators"**  
15 - 20/05/2016  
19 - 14/10/2016  
09 - 14/04/2017  
22 - 27/10/2017  
20 - 25/08/2017  
This course is designed for teachers, trainers, tutors, leaders and other professionals in the field of education, who wish to learn basic coaching skills, deepen their understanding of effective communication process and enhance their capacity to build satisfying and empowering relationship with learners. The seminar aims to develop in the participants' coaching skills and introduce coaching tools that can be applied in the context of formal and informal education to enhance learners' outcomes and educators' job satisfaction.  
See the full training programme and apply [here](#).
3. **"Train the Inspiring Trainer - Permission to Be Yourself"**  
20 - 25/03/2016  
25 - 30/09/2016  
08 - 13/01/2017  
10 - 15/09/2017  
7 - 12/05/2017  
The participants will have a chance to tap into their passion for teaching as well as practice different teaching methods that allow for more attractive and effective learning and boosted students' motivation. The course helps trainers/trainers/mentors/coaches to unleash their potential more fully, expand their spontaneity, creativity and charisma hence boost their job

satisfaction and have greater impact on their learners.

See the full training programme and apply [here](#).

4. **"Unleash the Creative Genius"**

06 - 11/03/2016

05 - 10/06/2016

The course offers innovative understandings and tools for tapping into one's creativity and unleashing entrepreneurial spirit. Creativity is a foundation for "out of the box" and innovative solutions to life challenges and new discoveries. The course is intended for organisations that recognise the fact that developing creativity in staff and students is a jumping point for accessing unlimited potential and creating ground-breaking initiatives.

See the full training programme and apply [here](#).

5. **"Intelligent Leadership - Use Enneagram to Bring out the Best in Yourself and Others"**

21 - 26/02/2016

15 - 20/05/2016

20 - 25/11/2016

05 - 10/02/2017

08 - 13/10/2017

11 - 16/06/2017

Interpersonal diversity of talents, values, needs and challenges calls for flexibility in approaching learners and team members. Enneagram allows for understanding of different people including oneself. As a result of applying Enneagram teachers and leaders will enhance their ability to lead diverse teams and develop their potential as well as discover their own unique style and capitalize on their leadership strengths and work on their developmental areas. Leap advance in "people skills" and new approach to managing teams and institutions are inevitable effects of learning Enneagram!

See the full training programme and apply [here](#).

6. **"Clarity of Mind for Extraordinary Results"**

07 - 12/02/2016

24 - 29/04/2016

04 - 09/12/2016

05 - 10/03/2017

23 - 28/07/2017

03 - 08/12/2017

This course introduces innovative view on human potential, creating results, relating to one another and dealing with problems. It guides the participants to the source of their own wisdom, inspiration and creativity. Whereas nowadays life and culture is characterised by rush and "being busy", this course aims to offer insights into new possibilities that emerge when our mind settles, thinking slows down and we "make room" for "fresh" perceptions. This understanding has proven to have significant positive effect on the wellbeing and productivity of both teachers and students. The guiding motto of this course is "To see clearly means to live wisely".

See the full training programme and apply [here](#).

7. **"Self Learning Strategies - a Guide to Becoming an Autonomous Learner of English"**

22 - 27/05/2016

13 - 18/11/2016

23 - 28/04/2017

24 - 29/09/2017

19 - 24/11/2017

The course is intended to guide the participants on how to make use of developing The Four Skills (reading, writing, listening and speaking) in everyday situations so that they will be able to improve their English themselves on a regular basis and become efficient autonomous learners of the English language. The participants will improve the language and communicative skills in order to express themselves more confidently in an educational working environment.

See the full training programme and apply [here](#).

**Lead trainer:**

**Karolina Gladych** is a psychologist, a trainer and a coach dedicated to assisting others in accessing more of their innate wisdom and wellbeing, tapping to their potential, using more of their latent talents and living with greater sense of freedom and possibility. She has extensive experience in training teachers, trainers, managers, administrative staff, local governments and parents. Karolina is also experienced in developing and coordinating international educational projects in the field of adult education. In 2012 Karolina discovered a ground-breaking approach called "3 Principles" which has profoundly transformed her life as well as the way she works with clients.

**Training in the school years 2015-2016 and 2016-2017**

Thanks to [Erasmus+ Programme](#) we are able to give you the opportunity to experience a professional teacher training course in the climate of Mediterranean island of Cyprus - free of charge.  
We are looking forward to welcoming you to the training!

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Contact us at [info@llpcyprus.eu](mailto:info@llpcyprus.eu) for more information and assistance.  
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