

	<p style="text-align: center;">University of Life Sciences "King Mihai I" from Timisoara</p>	<p style="text-align: center;">BODY issuer Department of Quality Management</p>
<p style="text-align: center;">CODE USVT -R089-F06</p>	<p style="text-align: center;">Regulations for the implementation of the program "Volunteering in academic development activity" (VADA)</p>	<p style="text-align: center;">edition 2/Revision 0</p>

Appendix 6

I. General competences according to the European register

- a. Communication in mother tongue:
 - the ability to communicate in writing and verbally, to understand and make others understand;
 - different messages in different situations;
 - the ability to read and understand different texts adopting the appropriate strategy for the purpose of reading;
 - (information / training / pleasure) and different types of text;
 - the ability to write texts for a variety of purposes; monitoring the writing process, from " draft " to "typesetting";
 - the ability to distinguish relevant from irrelevant information;
 - the ability to formulate your own arguments in a convincing manner and to consider other points of view expressed both verbally and in writing.
- b. Communication in a foreign language:
 - the ability to communicate in writing and verbally, to understand and make others understand different messages in various situations;
 - the ability to initiate and sustain conversations on familiar topics;
 - the ability to read and understand texts written by non-specialists in a varied range of subjects or specialized texts in a familiar field;
 - the ability to use aids (diagrams, maps, notes) to understand or produce written texts or verbal messages (conversations, instructions, interviews, speeches);
- c. skills - knowing how and what to learn (learning to learn):
 - the ability to allocate time to learning;
 - autonomy, discipline, perseverance in the learning process;
 - and long-term concentration capacity ;
 - the ability to critically reflect on the object and purpose of learning;
 - the ability to communicate, as part of the learning process, using the right means (intonation, gesture, mimicry, etc.)
- d. Interpersonal and civic skills :
 - the ability to show solidarity in solving problems affecting the local community or the wider community;
 - the ability to effectively relate with public institutions;
 - the ability to take advantage of the opportunities offered by the EU;
 - the ability to communicate constructively in different social situations

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- (tolerating other points of view, being aware of individual and collective responsibility);
- the ability to create trust and empathy in other individuals;
- the ability to separate between personal and professional life;
- the ability to be aware of and understand the national cultural identity in interaction with the cultural identity of Europe and the rest of the world;
- the ability to observe and understand points of view that belong to different cultural contexts

e. Entrepreneurship:

- the ability to develop and implement a project;
- the ability to work cooperatively and flexibly within a team;
- the capacity for initiative and the ability to respond positively to changes;
- the ability to identify your weaknesses and strengths;
- the ability to evaluate and assume risks in various situations

f. understanding and manifestation:

- the ability to express yourself artistically through a varied range of media, in accordance with individual abilities;
- the ability to appreciate and enjoy the art of different cultures;
- the ability to identify economic opportunities and use them within cultural activities;
- the ability to show your creativity and express your points of view towards others.

II. Specific competences corresponding to the type of activities carried out:

- scientific research activities ;
- activities to support lectures, presentations, information, etc. within events organized under the aegis of ULST;
- organizing activities of scientific events ;
- professional development activities ;
- administrative activities , etc.